

## Resilience Related Readings

(You may also refer to [www.resilienceresearch.org](http://www.resilienceresearch.org) for more sources)

### Trade Books and Novels

- Ungar, M. (2015). *I Still Love You: Nine things troubled kids need from their parents*. Toronto, ON: Dundurn.
- Ungar, M. (2011). *The Social Worker: A Novel*. Lawrencetown Beach, NS: Pottersfield Press.
- Ungar, M. (2009). *We Generation: Raising socially responsible kids*. Toronto, ON: McClelland & Stewart.
- Ungar, M. (2007). *Playing at being bad: The hidden resilience of troubled teens*. Toronto: McClelland & Stewart.
- Ungar, M. (2007). *Too safe for their own good: How risk and responsibility help teens thrive*. Toronto, ON: McClelland & Stewart.
- Gladwell, M. (2008). *Outliers: The story of success*. New York: Little Brown.
- McCourt, F. (1996). *Angela's ashes*. New York: Simon & Schuster.
- Walls, J. (2005). *The glass castle*. New York: Scribner.

### A Selection of Scholarly Articles and Books by Michael Ungar

- Ungar, M. (2004). *Nurturing hidden resilience in troubled youth*. Toronto: University of Toronto Press.
- Ungar, M. (2005). Pathways to resilience among children in Child Welfare, Corrections, Mental Health and Educational settings: Navigation and Negotiation. *Child and Youth Care Forum* 34(6), 423-444.
- Ungar, M. (Ed.)(2005). *Handbook for working with children and youth: Pathways to Resilience across cultures and contexts*. Thousand Oaks, CA: Sage Publications.
- Ungar, M. (2006). *Strengths-based counseling with at-risk youth*. Thousand Oaks, CA: Corwin Press.
- Ungar, M., Brown, M., Liebenberg, L., Othman, R., Kwong, W.M., Armstrong, M. & Gilgun, J. (2007). Unique pathways to resilience across cultures. *Adolescence*, 42(166), 287-310.
- Ungar, M. (2007). Contextual and cultural aspects of resilience in child welfare settings. In I. Brown, F. Chaze, D. Fuchs, J. Lafrance, S. McKay & S. Thomas-Prokop (Eds.), *Putting a human face on child welfare* (pp. 1-24). Toronto: Centre of Excellence for Child Welfare.
- Ungar, M. (2008). Resilience across cultures. *British Journal of Social Work*. 38(2), 218-235.
- Ungar, M. (2011). Community resilience for Youth and Families: Facilitative Physical and Social Capital in Contexts of Adversity. *Children and Youth Social Services Review*, 33, 1742-1748.
- Ungar, M. (2011). The social ecology of resilience. Addressing contextual and cultural ambiguity of a nascent construct. *American Journal of Orthopsychiatry*, 81, 1-17.
- Ungar, M. (Ed.)(2012). *The social ecology of resilience: A handbook of theory and practice*. New York: Springer.
- Ungar, M., Liebenberg, L., Landry, N., & Ikeda, J. (2012). Caregivers, young people with complex needs, and multiple service providers: A study of triangulated relationships and their impact on resilience. *Family Process*, 51(2), 193-206.

Ungar, M. (2013). Resilience, trauma, context and culture. *Trauma, Violence, & Abuse*, 14(3), 253 - 264. Doi: 10.1177/1524838013487805

Ungar, M., Ghazinour, M., & Richter, J. (2013). What is Resilience Within the Ecology of Human Development? *Journal of Child Psychology and Psychiatry*, 54(4), 348-366. Doi: 10.1111/jcpp.12025

Ungar, M. (in press). Practitioner Review: Diagnosing childhood resilience: A systemic approach to the diagnosis of adaptation in adverse social ecologies. *Journal of Child Psychology and Psychiatry*.