



Frontenac Secondary School Newsletter

September 6, 2024

Dear Parents and Guardians,

Welcome to the new school year! Hopefully your child(ren) has/have been coming home with great stories about what happened at school this week. We are filled with excitement and optimism for the journey ahead. Our dedicated staff has been working to prepare for a year of growth, learning, and memorable experiences for your child(ren).

Every two weeks or so we intend to send home a newsletter that highlights important school events and updates. Information found on the newsletter is also available on the school website.

<https://frontenacss.limestone.on.ca/> A staff email directory can be found under “Our School” on the homepage.

We have made some small changes this year that we believe will have a powerful positive effect on our school. Some of these changes have been prompted by the Ministry of Education and others by our staff. These changes are summarized below.

Daily Schedule:

8:13 am – 8:15 am: Homeroom

8:20 am – 9:35 am: Period 1

9:40 am – 10:55 am: Period 2

10:55 am – 11:55 am: Lunch

11:55 am – 1:10 pm: Period 3

1:15 pm – 2:30 pm: Period 4

Students have done a great job following this new schedule. Our schedule, which features a longer lunch hour, now allows only 5 minute travel time between morning and afternoon classes.

School Attendance – Every School Day Counts

Regular attendance is vital for academic success and personal growth. It builds knowledge, responsibility, and allows teachers to support individual needs, enhancing performance and classroom cohesion.

Families can prioritize attendance by:

- Discussing its importance positively.
- Keeping children home only when sick.
- Scheduling appointments outside school hours.
- Returning children to school after appointments.

Schools must track and report student attendance. To improve school attendance and accountability, students with unexplained absences or lates will face lunchtime detentions. For more information or support on attendance reporting, please see the link below: <https://frontenacss.limestone.on.ca/report-a-student-absence>

Reducing Classroom Interruptions, Truancy and Tardiness (Lates)

Hall Pass System: students must now use a hall pass when leaving classrooms for washroom and body breaks. No more than two students may be out of a classroom at a time. Teachers will monitor students using a hall pass system. Students with a spare period must be in the Library or Cafeteria while on school premises. Students are responsible for being to school and class on time and will be assigned a detention if they are late or have an unexplained absence (truant).

Social Media and Cell Phone Restrictions

The Ministry of Education (Policy/Program 128 The Provincial Code of Conduct) mandates restrictions on cell phone use and social media during instructional time. Research shows that these distractions affect teaching and learning. Cell phones should not be visible or used during learning times unless approved by the educator for educational purposes only.

1 to 1 Technology/School Laptops for All Students

All students will be issued a school laptop to support their learning. Students must care for their device and bring it to classes as appropriate. They must sign an acceptable use agreement and are responsible for loss or damage. Device distribution will start next week (information to come).

Washroom Safety

Students are not permitted to congregate in washrooms. Vape detectors will be installed. Use the toilet, sink, and mirror, then leave. No other activities are permitted.

Medical Plans of Care

A reminder that for students with medical conditions such as anaphylaxis, asthma, diabetes or epilepsy, we need an updated medical plan of care. Please see the links below, and reach out if you have any questions: <https://frontenacss.limestone.on.ca/medical-procedures>

School Calendar

A printed version of the 2024-25 school calendar will not be provided this year. Please use the link below to access: [LDSB Calendar 2024-25](#)

School Council

School Councils (aka Parent Councils) in Ontario play a crucial role in enhancing student achievement and increasing the accountability of the education system to parents. By participating in school councils, parents can directly influence their child's educational environment and help shape school policies. Getting involved is a great way to stay informed, contribute to the school community, and ensure that the voices of parents are heard.

Our first meeting and election is being held on September 25th at 6:30 pm in the Library Conference Room. All parents and guardians of Acadie and Frontenac are welcome. Please use the following link to nominate a parent for a position on the council: [Acadie/Frontenac School Council Nominations](#)

Terry Fox School Run

This year's Terry Fox run is Friday, September 27 at 9 am!, and the campaign called #NoMatterWhat celebrates Terry's determination and persistence. When running his Marathon of Hope in 1980 he faced many challenges along the way, but he kept going – no matter the obstacles, no matter the journey, no matter the odds - NO MATTER WHAT.



We welcome donations by the FSS Community to support the dream of living in a world with no cancer. Online donations can be made at <https://schools.terryfox.ca/FrontenacSSKingston>, and donations through student home forms are also encouraged. Thank you for your continued support.

SAGE Club at FSS

SAGE is Frontenac's Sexuality And Gender Equity group. SAGE is made up of like-minded students and staff who provide a safe place for students who identify under the rainbow and also for those who are allies. We meet weekly, usually with cookies or treats. We plan activities, outings, games tournaments, book shares, field trips, Pride activities, and much much more. We will be meeting weekly, Fridays at lunch. Listen to announcements and read the signs for location details.

Looking forward to another great school year together.

Kind regards,

James Bonham-Carter, Sheri Jones, Mark McKenna

Administration Team

Phone 613-389-2130

Email fross@limestone.on.ca

