

# FRONTENAC SECONDARY SCHOOL

## SPECIALIST HIGH SKILLS MAJOR - SHSM

### Why do SHSM?

PROS	CONS
<ul style="list-style-type: none"><li>❖ Gives you an advantage when applying for University</li><li>❖ Gain experience in vocation or field of study before the expense of post-secondary education</li><li>❖ You may already be taking the courses you need to achieve SHSM</li><li>❖ Some Universities offer bursaries(\$) for completing your SHSM</li><li>❖ Get a paying job after doing your coop requirements</li><li>❖ Looks great on a resume, College and University application</li><li>❖ NO PENALTY IF YOU DO NOT COMPLETE YOUR SHSM</li></ul>	<ul style="list-style-type: none"><li>❖ Need to be organized and complete all requirements before you graduate</li></ul>

For more information go to F.S.S. website:  
Look for tab - For students - SHSM - website at bottom

<https://sites.google.com/limestone.on.ca/shsm/home?authuser=0>

OR

CONTACT Ms. Kasper at [kasperk@limestone.on.ca](mailto:kasperk@limestone.on.ca)

# STEPS TO COMPLETE

## MANDATORY WORKSHOPS FOR SHSM

You can go to the [website shown below](#) to complete your mandatory training for:

Health & Wellness (First Aid, WHMIS and Infectious Diseases)

Arts & Culture (First Aid, WHMIS) (Do not need CPR this year due to COVID)

<https://sites.google.com/limestone.on.ca/shsm/home?authuser=0>

OR

Go to F.S.S. website

For students

SHSM

Use website at the bottom of the SHSM page to log in