

Frontenac Secondary School Newsletter

June 13, 2025

Dear Parents and Guardians,

It looks like we made it! Next week, all students will begin writing their final examinations and will have submitted their final culminating projects. Since our last newsletter, we have celebrated our final musical performances of the year (minus graduation of course!) and celebrated our student accomplishments with the Arts and Athletics banquets. We are so proud of the many and varied accomplishments of all our students over the year.

Administrative Announcements

Our focus over the next few weeks will be to guide students through their final course work. Tuesday, June 17th is the beginning of grade 12 exams which will end Monday, June 23rd. Exams for students in courses that are grade 9,10 &11 will begin Thursday, June 19 and conclude Wednesday, June 25th. **If students do not have an exam at a specific date and time, we will encourage them to not be in the building.** Exceptions will be made for students working with our Student Success team or for students that have made an appointment with their classroom teacher. While exams are on, all our staff will have supervision duties that will involve monitoring exams and overflow spaces, hallway supervisions, cleaning out lockers, and preparing for graduation. Students should not assume their classroom teacher will be available during exam time which is why an appointment with them would have to be confirmed in advance. The library will be open as a quiet study space only.

Graduation 2025



We are less than 2 weeks away from celebrating the FSS Class of 2025 at our Graduation Ceremony! This year's ceremony is taking place on Thursday, June 26th at 12 noon in the St. Lawrence College Gymnasium. Tickets must be presented at the door. Additional tickets can be purchased by cash or card up until June 25th directly from Vicki Gower in the main office. Please note, most of the seating will be in the Gymnasium bleachers. Those needing accessible seating should see a staff member upon arrival to be ushered to their seats.

FSS Arts

The FSS band celebrated their hard work this year with a trip and performance at Canada's Wonderland. Being in the band certainly has its perks!



FSS Math

Our grade 9 math students completed day one of EQAO Friday, June 13. Day two will be Monday, June 16. Best of luck to our writers.

FSS Yearbook

Due to popular demand, we're opening a second round of yearbook orders! The online storefront will open from **June 13- June 20** at midnight. Yearbooks from this order will arrive in September, just in time to kick off the new school year with memories from the last one! We must have a minimum school order of ten yearbooks for the company to run a second printing and each yearbook will cost \$52. If you missed the first round or want an extra copy, now's your chance. Use the link below to order your yearbook. [Yearbook Ordering](#)

FSS Social Science



The students in this semester's parenting have class have been hard at work with their little buddies from a Henderson 3 / 4 class. Over the course of the semester, they have partnered on many projects to better understand how young people learn and to reflect on their own strategies of relationship building and teaching. Recently, they have put together 6 short scenes collaborating and acting together and shared their performances with the parent community in the drama room.

FSS Athletics



This year at OFSSA Track and Field, FSS had many great individual persons. Declan Cowan threw 4 consecutive personal bests to earn a bronze medal in the 50m throw with a throw of 53.24m. Wyatt Lee took the event by storm. As a grade 11, Wyatt set a new OFSSA record in the 100 m with a time of 10.38s. This time also is the fastest time the age of 18 has ever run. In the 200m, Wyatt won the gold medal with a time of 22.12s, a double gold.



Junior girls' rugby was victorious at the Barbarian Cup in Belleville. The squad went 1-1 in Sunday pool play action but saved their best effort of the season with wins against Bayside in the semi final with a score of 24-19 and IE Weldon in the final 10-5 to claim the gold medal. Well done ladies



Girls' softball is alive and well at Frontenac. The Falcons entered 1 competitive and 1 recreational team in the annual 3 pitch KASSAA tournament on June 5. Our recreational team which combined rookies and league players, had a strong showing winning 2 of their 3 games. Our competitive team was undefeated in round-robin play and won their Gold medal game against Holy Cross to bring home the championship. Special thanks to all players for a great day and coaches Jamie-Lee, Brad, Mr. Roy and Mme McDonald.



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FSS School to Community

Last week, Autumn Anselm, Gaije Reid, Gemma Carruthers and Pat Barkley represented Frontenac in the Special Olympics Provincial Championships in Track and Field. In spite of an impressive heat wave in Ottawa, the team put on quite a show over the 3 days! Gemma brought home gold in 3 of her 4 events, Pat won gold in shotput, and Gaije and Autumn each earned a silver and a bronze medal. Special shoutout also to Ashlee Pettitt and Ruby Sawyer, who represented Frontenac at the Youth Leadership Summit in Ottawa. We are so proud of you, Falcons!



Student Services Updates

Timetables for the 2025-2026 school year will be distributed by the end of day on Wednesday, June 18th. Students looking to make changes to their schedule are welcome to book an appointment with their Guidance Counsellor during the exam days. We will also be available to make changes the last week of August. Details to come.

Summer Session registration will continue throughout the month of June. If students are still considering taking a course or doing a co-op, they should connect with their Guidance Counsellor as soon as possible as spots are filling up!

Volunteer Opportunities are plentiful over the next couple of months! More detailed information can be found in the grade specific Google Classrooms. Be sure to check them out and encourage your students to get their 40 hours of Community Involvement Graduation requirement done!

Stay Connected by following along in our grade specific Google Classrooms where our Guidance Counsellors post all kinds of important information and announcements. Here are the links:

- Grade 9: <https://classroom.google.com/c/NzE2MDCwOTM1OTU5?cjc=pszlqqk>
- Grade 10: <https://classroom.google.com/c/NzM2MTA0ODgyMDA3?cjc=tx7skex>
- Grade 11: <https://classroom.google.com/c/NzE1ODI1NjAzNzAy?cjc=s4kifs7>
- Grade 12 & Returners: <https://classroom.google.com/c/NzA1NjlzNzAzMjYz?cjc=zbezhaa>

FSS Upcoming Dates and Events

June 16 - Day 2 EQAO grade 9 math students

June 17 - Grade 12 exams begin

June 18- Timetables distributed for next year

June 19 - Grade 9-11 exams begin

June 26 - FSS Graduation Ceremony – 12 noon in the St. Lawrence College Gymnasium