

Frontenac Secondary School Newsletter

January 24, 2025

Dear Parents and Guardians,

We hope this letter finds you and your child(ren) well. We are in an interesting time of the school year as we wrap up semester one final assessments and reporting as well as planning for the beginning of semester two. Many KASSAA sports in the winter season will also have a few league games in early February before playoffs begin.

Administration Announcements

It is with mixed emotions that we announce that Vice Principal Sheri Jones will be moving to Bayridge Secondary School for semester two. While we are sad to see her go, we know that the students in the Bayridge community will benefit from her support and caring in the years to come. Frontenac/Acadie will have a new Vice Principal starting February 3rd. Bonney Morris-Pocock will join us from Kingston Secondary School where she is currently the head of Student Services.

Semester 1 Exams

As communicated previously, semester 1 exams have begun and run until January 29th, with the inclement weather day on January 30th. Please see below for the revised schedule which lists the new locations. Please note if buses are cancelled due to inclement weather, exams scheduled on that day will be rescheduled to the next exam day. Subsequent exams in the exam schedule will also be rescheduled accordingly. Schools will communicate with families if the exam schedule needs to be adjusted due to inclement weather and bus cancellations. Students are expected to be present and available to write exams during the entire exam period, from January 23rd through January 30th. These days are incredibly important, and students must attend their scheduled final exam days. Families are therefore requested to NOT book holidays that may conflict with these dates. With the number of courses running, organizing an exam schedule that allows for a fair and equitable experience is our priority.

[Revised Exam Schedule January 2025](#)

LDSB News

School Calendar 2025-26

The Limestone District School Board is currently working to develop the 2025-2026 school year calendar. In collaboration with our coterminous boards, Algonquin and Lakeshore Catholic District School Board and Hastings and Prince Edward District School Board, there are three options for consideration. We would like to gather the opinions of different members of the Limestone community to guide our final decision.

Please take a few minutes to complete this short survey. The survey is open until Monday, February 3, 2025, at 12:00 p.m.

Survey link: <https://bit.ly/SchoolYearSurvey20252026>

If you would prefer a paper version of the survey, please contact your school and a hard copy will be provided.

Your input is important to us. We appreciate your time in submitting your feedback.

Halt the Haze Webinar: Building a Vape-Free 2025

Thousands of Canadian teens are hooked on vaping – an addiction so dangerously discreet, the adults who care for them often feel out-of-the-loop.

Enter the Lung Health Foundation's *Halt the Haze* program, this school year, we'll prove that you don't have to be a vaping expert to make a difference – just a caring adult with a little evidence-based knowledge and a lot of heart.

Halt the Haze has been made possible thanks to a formal partnership between the Ontario Ministry of Education and the Lung Health Foundation, and it's driven by [Quash](#).

When: Wednesday, January 29, 2025 at 7:30 p.m. - 8:30 p.m., the week following National Non-Smoking Week 2025.

Where: Parents and guardians can register for this free webinar at: [Halt the Haze Webinar Registration](#).

FSS School Council

Our next school council meeting will be held Wednesday, January 29th in the Learning Commons at FSS. The meeting will begin at 6:30 pm. All parents and guardians are welcome to attend.

FSS Library

Students are encouraged to return all semester one textbooks and borrowed library materials during the exam period. Carts are available in all writing locations. Lockers were cleaned out this past Tuesday but there may be some at home as well.

FSS Ophelia Club

The Ophelia Club is happy to be celebrating Valentine's Day with all our grade 9 students by hosting a workshop titled, "Relationship Reality: The Good, The Bad, and The Ugly". The focus of the morning is to help students navigate strong relationships, with conversations centering around healthy friendships, consent, protection and support. We will be welcoming speakers from

community organizations such as the Maltby Centre, Family and Child Services, Sexual Assault Centre Kingston, TriHealth Therapy, the OPP, and others. We will also have two of our Adolescent Care Workers present to facilitate discussions. The event takes place on Friday, February 14 during periods 1 & 2, and chocolate will be provided.

Student Services Updates

Post-Secondary Applications

This is the LAST CALL for Grade 12s and Returners to apply for Ontario colleges! The deadline to apply to **Ontario Colleges** is **Saturday, February 1st**. Students intending to put in an application are encouraged to do so ASAP! Please connect with Ms. Lackey in Student Services or by e-mail if you have any questions.

Semester 2 Timetables

As we wrap up Semester 1, students are asked to check their Semester 2 timetables on ASPEN. This can be accessed through their Minds Online accounts. If students need to make any changes, they should drop into Student Services to see their Guidance Counsellor this week. Printed schedules will be distributed in Homeroom the first day of Semester 2 on Monday, February 3rd.

Dual Credits

Semester 2 Dual Credit acceptances are in! Students should connect with their Guidance Counsellor to see if they got in and to make any necessary adjustments to their Semester 2 timetable.

Semester 2 Co-op

We've got over 115 students signed up to take Co-op Semester 2! Many are looking to do full-time placements within the trades. If you or your employer would be willing to take on a Co-op student in the trades or otherwise, please connect with Aaron Kenney [kenneya@limestone.on.ca], Bruce Patry [patryb@limestone.on.ca], or Dale Bennett [bennettd@limestone.on.ca].

KFL&A Public Health

Please note that KFL&A Public Health has merged with Hastings Prince Edward Public Health and Leeds, Grenville and Lanark District Health Unit to form the South East Health Unit (SEHU). SEHU's KFL&A-based immunization team is looking forward to working with your school on the annual enforcement of ISPA during the 2025 winter/spring semester. The enforcement timeline is as follows:

Initial notice distribution	Jan. 28, 2025
Immunization reporting deadline	Feb. 25, 2025

Parents/guardians or students to report to public health.

Suspension order distribution

March 4, 2025

Suspension period

April 8 (suspension day) to

20 school days.

May 7, 2025



ATTENTION
Parents/caregivers!

Students in Ontario are required to have up-to-date immunization records submitted to Public Health. Your child will receive a notice if they are missing immunizations.

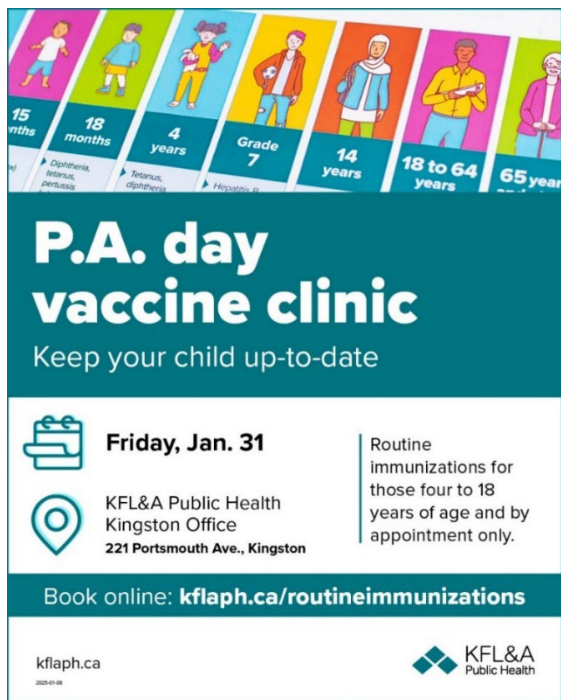
Submit your child's immunization record here:
kflaph.ca/ImmunizationReporting

If your child requires an immunization appointment and does not have a health-care provider visit **kflaph.ca/Appointments**.

kflaph.ca
2025-01-08



For parents and guardians that need to update immunizations, KFL&A will be hosting a clinic January 31, 2025. Please use the link within the posters to update your immunization records or to book an appointment online with KFL&A.



**P.A. day
vaccine clinic**
Keep your child up-to-date

Friday, Jan. 31

KFL&A Public Health
Kingston Office
221 Portsmouth Ave., Kingston

Routine immunizations for those four to 18 years of age and by appointment only.

Book online: kflaph.ca/routineimmunizations

kflaph.ca
2024-01-08

KFL&A
Public Health

Host an International Student with Limestone!



Have you ever considered welcoming a student from another country into your home? The Limestone DSB have a proud tradition of hosting students from other countries, and we are looking to continue this growth during the 2025-2026 school year. Hosting an international student is a highly rewarding experience! Limestone schools host more than 120 international students each year from countries such as Brazil, Italy, China, Germany, Czech Republic, Thailand, Hong Kong, Japan, Korea, Mexico, Spain, Turkey, Vietnam, Rwanda and others. Many life-long friendships have developed out of Limestone's international student homestay program. Some students come for one semester to improve their English and experience living in a new culture; others come for a longer period to prepare for entering a Canadian college or university. International

students range in age
from 12 to 17 years old.

We are currently looking for host families within the Kingston area for all lengths of stay ranging from four months to two years. Participating families are compensated with a monthly stipend of **\$1050/month**, paid tax-free at the beginning of each month. You must have a free bedroom in your home and be prepared to have a student enter your family.

For more information please call (613) 544-7745 (ext. 290)



Upcoming Events

January 23-January 30 – Exams

January 29- Parent Council Meeting

January 31 – PA Day

February 3 – Second Semester starts

February 14- Ophelia Club hosts all grade 9s Healthy Relationships Workshop

February 17- Family Day

February 28- Course Selections for 2025-26 are due

March 3-5- Frontenac hosts OFSAA Boys AAA Basketball

June 26- FSS Graduation Ceremony