

WELCOME FUTURE FALCONS



At Frontenac, there's something for everyone!

Administration



Shannon Tyner
Principal



Mark McKenna
Vice-Principal
Gr. 9 & 11



Bonney Morris-Pocock
Vice-Principal
Gr. 10 & 12
Next Year's 9's

Tonight's Agenda

WELCOME FUTURE FALCONS

At Frontenac, there's something for everyone!



GRADE 8 INFORMATION NIGHT WEDNESDAY, JANUARY 28TH, 2026

6:30 PM - 7:00 PM

PRESENTATION
Library Learning Commons

7:00 PM - 8:00 PM

OPEN HOUSE
Classrooms (see map on back)

7:00 PM - 7:15 PM

BREAKOUT SESSION FOR
ENRICHED/AP PROGRAMMING
Library Learning Commons

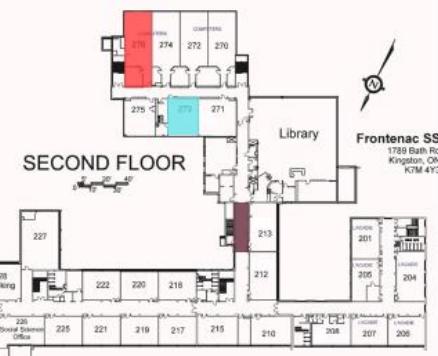
7:15 PM - 7:30 PM

BREAKOUT SESSION FOR
EXTENDED/IMMERSION FRENCH
Library Learning Commons

OPEN HOUSE LOCATIONS



- Art
- Business
- Drama
- English
- Guidance
- Math
- Moderns
- Music
- Phys. Ed.
- Science
- Social Science
- Student Success
- Tech



About Frontenac Secondary School



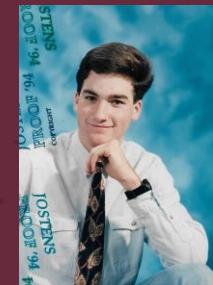
- **Established:** 1957
- **Mascot:** Falcon
- **School Colours:**
Garnet & Grey
- **# of Students:** 1025
- **# of Staff:** 100



FSS Highlights

- Big School = Big Variety of Courses Offered
- Enriched courses leading to AP exams
- French program leading to the DELF Exam
- Thriving arts scene
- Provincially recognized Athletics program
- Tons of clubs & groups
- Expanded Opportunities

Spirit & Tradition



What Changes in High School?

What's New?

Schedule

- 2 semesters
- 4 classes per day
- Exams

Daily Schedule

| | |
|---------------------|--------------------------|
| 8:15 AM – 8:20 AM | Anthem and Announcements |
| 8:20 AM – 9:35 AM | Period 1 |
| 9:35 AM – 9:40 AM | Travel Time |
| 9:40 AM – 10:55 AM | Period 2 |
| 10:55 AM – 11:55 AM | Lunch |
| 11:55 AM – 1:10 PM | Period 3 |
| 1:10 PM – 1:15 PM | Travel Time |
| 1:15 PM – 2:30 PM | Period 4 |
| 2:30 PM | Dismissal |

What's New?

Schedule

- 2 semesters
- 4 classes per day
- Exams

Earn Credits

- Need 30 to Graduate
- Unsuccessful credits need to be recovered or repeated

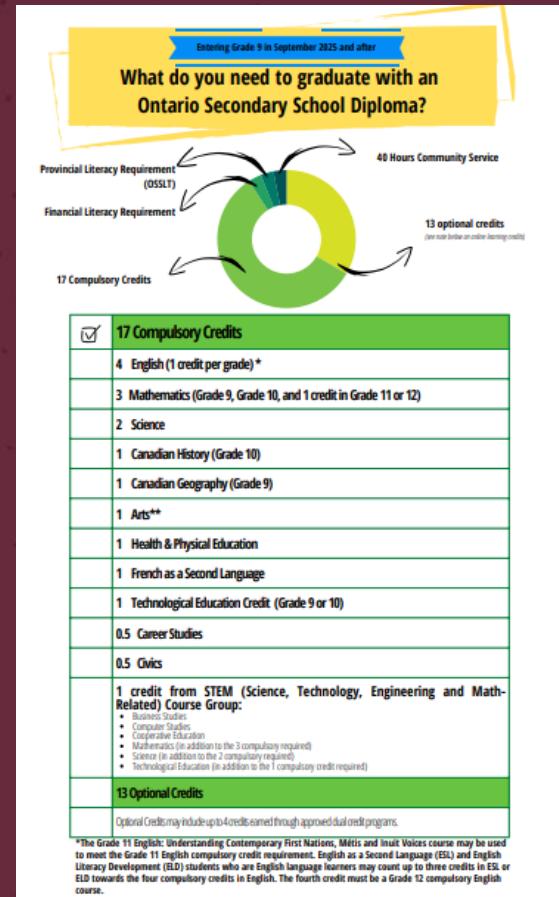
OSSD Graduation Requirements

- Earn **30 Credits**
 - **17 Compulsory** and **13 Elective**
 - **2 Online Learning** Credits (can opt out)
- Pass the **Literacy Test** (or take the OLC Course)
- Complete a minimum of **40 Community Involvement Hours**



OSSD Compulsory Subjects

- 4 English
- 3 Math
- 2 Science
- 1 French (Gr. 9)
- 1 History (Gr. 10)
- 1 Geography (Gr. 9)
- 1 Arts (Music, Visual, Drama)
- 1 Phys. Ed (Gr. 9)
- 1 Tech (Gr. 9/10)
- 0.5 Career Studies and 0.5 Civics (Gr. 10 or Summer School)
- 1 additional STEM credit



What's New?

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- 4 classes per day
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Increased Supports

- Guidance
- ACW & SW

FSS Supports



- Student Services
- ACW & SW
- Student Success
- Learning Program Support
- Math tutorials
- Peer tutoring

We are committed to helping all students reach their full potential!

What's New?

Schedule

- 2 semesters
- 4 classes per day
- Exams

Earn Credits

- Need 30 to Graduate
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Increased Supports

- Guidance
- ACW & SW

Fresh start every semester!

**At FSS You Can
Customize Your High
School Experience!**

CUSTOMIZE YOUR EXPERIENCE



ACADEMIC EXCELLENCE

We offer a wide variety of courses to suit students' goals, interests, and post-secondary plans.



ATHLETIC GREATNESS

Our provincially recognized Athletics program fields 50+ competitive and recreational teams a year!



ADVANCED PLACEMENT

Enriched courses in grades 9-12 preparing students to write the AP Calculus, English & Physics exams in grade 12.



CLUBS & GROUPS

Mathletes, eSports, Ophelia, SAGE, Trivia, DECA, Student Council, D&D, Model UN, and more!



EXPANDED OPPORTUNITIES

Gain work experience through Co-op or start a Trades Apprenticeship while still in High School through OYAP.

FRENCH IMMERSION & EXTENDED FRENCH

Robust Extended and Immersion French taught by DELF certified teachers/examiners.



ARTS PROGRAMS

Thriving arts scene featuring numerous bands, Improv, coffee houses, & school productions!



FIELD TRIPS & EXCHANGES

See the world! Upcoming field trips include Paris, Costa Rica, etc.! Or take part in a short or long-term exchange abroad!



DUAL CREDITS

Take a Dual Credit Course offered in partnership with St. Lawrence College & Loyalist College.



SPECIALIST HIGH SKILLS MAJOR

Earn an Enhanced Diploma by completing a SHSM in Arts & Culture, Business, Construction, or Health & Wellness.



FALCON FOR A DAY
(for non-feeder school students)
Tuesday, January 20th
9:30 AM - 12:30 PM

@fssprops2.0

FOLLOW US

LEARN MORE

Check out our Website for more details about programs and how to register



Academic Enrichment

- Enriched Math and English in Grades 9-11
- Grade 12 Enriched courses preparing students to write the AP exams in:
 - Calculus
 - English
 - Physics



French Immersion/ Extended French

French Immersion Certificate (10 credits)

- 4 FIF language courses
- 6 additional courses taught in French

Extended French Certificate (7 credits)

- 4 FIF/FEF language courses
- 3 additional courses taught in French



Expanded Opportunities

- Co-op
- OYAP
- SHSM (Specialist High Skills Major)
in:
 - Arts & Culture
 - Business
 - Construction
 - Health & Wellness



Senior Electives

- Dance
- Drama
- Band
- Guitar
- Vocals
- Visual Art
- Animation
- Photography
- Marketing
- Accounting
- Computer Programming
- Comm Tech
- Writer's Craft
- Film Studies
- Indigenous Studies
- French
- Spanish
- Gym
- Powerfit
- Kinesiology
- Rec Leadership
- Biology
- Chemistry
- Physics
- Environmental Science
- Natural Disasters
- Travel & Tourism
- World Issues
- World History
- Family Studies
- Fashion
- Food & Nutrition
- Law
- Parenting
- Sociology
- Philosophy
- Construction
- Plumbing
- Auto
- Tech Design

Course Calendar

- Provides full description of courses being offered, pathway options, etc.
- A digital copy can be found on the school website under the 'For Students' tab



Getting Started



THE ROADMAP TO FRONTENAC SS

DEC

15-19th

JAN

15th

JAN

23rd

FEB

27th

JUN

19th

AUG

26th

FEEDER SCHOOL VISITS

Grade 8 classes from our feeder schools will visit Frontenac to tour the school, meet teachers & students, and enjoy a lunch!



INFORMATION NIGHT

You and your family are invited to visit Frontenac on **Thursday, January 15th, 2026 @ 6:30 PM** to find out more about our school and what we offer.



REGISTRATION & FORMS DUE

Please complete your registration and if applicable, submit the Special Programs Expression of Interest Form by **Friday, January 23rd, 2026**.



COURSE REQUESTS DUE

Using the instructions in your registration package, submit your course requests on myBlueprint by **Friday, February 27th, 2026**.



TIMETABLES DISTRIBUTED

Grade 9 timetables will be distributed to elementary schools or mailed home.



GRADE 9 ORIENTATION

On **Wednesday, August 26th, 2026**, all incoming Grade 9's will visit Frontenac to find their classes, get their lockers, and meet new people!



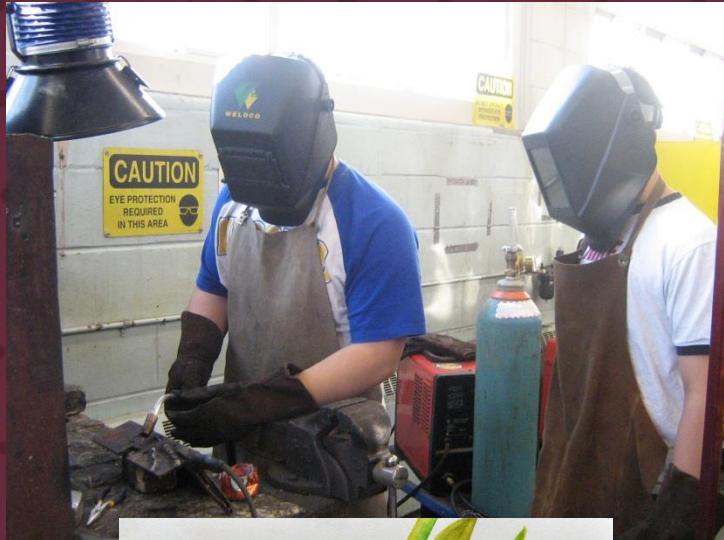
Registration

- If your student attends one of our feeder schools, all you need to do is indicate to your elementary school that your student plans to attend FSS in the Fall
- If your student is at an out of area school in Limestone, please complete the Transfer Form
- All others will need to complete the LDSB Online Registration Form

Special Programs

- If you are interested in participating in any of our Special Programs (ie. Enriched, SHSM, etc.), please fill out the “Expression of Interest Form” by **Friday, January 30th, 2026**.
- This can be found on our website under the “Future Falcons” tab.

Course Requests



- We use myBlueprint which you can access through Minds Online
- Complete the course requests with help from teachers and the secondary transition team
- Choose based on student interests
- Students will receive their schedule prior to the summer

How To Complete Your Course Requests



Limestone DISTRICT SCHOOL BOARD

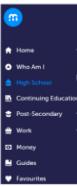
Course Selection

Getting Started

- Go to: <https://ldsb.elearningontario.ca>
- Click on the myBlueprint Icon

LDSB MindsOnline

Course Selection



- Click High School
- Click on +Course to select from courses offered at your school

Review Course Selections



- Click Review Course Selections

If available, you can use the "Add Comments" section to explain any issues to your guidance counsellor (i.e. taking the prerequisite in night school, or summer school)

Submit Course Selections



- Click Submit Course Selections
- Click Print Sign-off Sheet

If the document does not show after you've clicked the Print Sign-off Sheet button, check the pop-up blocker settings for your web browser.

Link to Account

Do you want to get connected to your child's myBlueprint account?

- Visit www.myblueprint.ca/limestone
- Click Sign Up
- Select your child's secondary school or select Limestone Elementary (for elementary schools) from the drop down menu.
- (DO NOT select School Account sign up)
- Click Create Account. Select the Family account type and Gr. 6-8.

5. Complete the Personal Info and select Continue.

6. Complete the Account Info – use your own email and create a password.

7. You can link to your child's Limestone email account now, or complete later. Click Continue.

8. Click Get Started.

9. Click Add Student to add your child's email (username@limestone.on.ca). You can add more than one student currently attending elementary (Gr. 7 & 8 only) and secondary school. Your child will receive an email via their Limestone account to approve your request.

Submit to Counsellor or Teacher

Please note that you will not be able to modify your course selections once submitted (unless your guidance counsellor re-allows submission)!!



Grade 8 to 9 Transition Process

1 Registration: Current Limestone students will receive a letter home outlining course selection process. (Students who are accepted to Choices at 9 programs will be notified)

OR

I am a current Limestone Student

No Registration Form Required

Student Outside of Limestone

Complete Registration Form

<https://www.limestone.on.ca/registration>

2 Course Selection: Students will complete the course selection process using myBlueprint. Please return sign-off sheet to Grade 8 teacher.

3 Transportation: Students that require transportation must complete a Transportation Application Form.

Check Transportation Eligibility <https://triboard.ca/eligibility/>

- Walking Distance - No transportation Application Required
- Eligible Families complete the Online Application <https://triboard.ca/apply/>
- If your address does not meet the Minimum Distance Requirements and is not within the school's attendance boundary, your address is not eligible for transportation. Tri-Board *may* accommodate an ineligible student temporarily if there is space on an existing route and families are willing to travel to the closest existing in-boundary bus stop. You will need to submit either the Elective Learning Program Transportation Application or the Special Circumstance Application to the school for approval.

For additional Grade 8 to 9 Transition Information and Resources

[Contact Home Secondary School](#)

[Visit website](#)

https://www.limestone.on.ca/grade_8_9_transition

Grade 9 Courses



English+



Math*+



Science



Geography*



Phys. Ed*



French* or
ELS



Elective



Elective

**Courses are offered in Extended French/French Immersion*

+Course are offered in Enriched

Grade 9 Electives

- ATC1O – Dance
- ADA1O – Drama
- AMI1O – Music: Band*
- AMV1O – Music: Vocal
- NAC1O – Visual Art: Expressing Indigenous Culture
- BEM1O – Business: Building the Entrepreneurial Mindset
- HIF1O – Exploring Family Studies
- TAS1O – Technology and the Skilled Trades
- TEJ1O – Computer Engineering & Communication Technology

**Course is offered in Extended French/French Immersion*

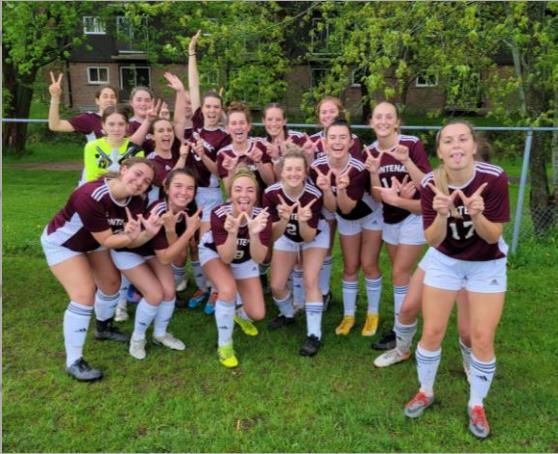
More Info

««« WELCOME »»»
FUTURE FALCONS



At Frontenac, there's something for everyone!

Now, the Fun Stuff!



Athletics



Clubs



- ARC [Assistive Robotics Collective]
- Campfire Club [Courtyard Sing-a-longs]
- Cheer
- Christian Club
- DECA [Business]
- Dungeons & Dragons
- FROSSTREA [Competitive Trivia Team]
- Game Development Club
- Improv
- Indigenous Matters'
- Intramurals [Lunchtime]
- Mathletes
- Multicultural Club
- Ophelia [female focused]
- SAGE [Sexuality and Gender Equity]
- Student Council
- Super Smash Bros Club
- Tech Crew
- Textile Club
- Yearbook

Extracurriculars



DBF_6565r
by Chris Robert



- Intramurals
- Jazz Band
- Strings Ensemble
- Concert Band
- Tech Crew
- Coffee Houses
- Students Council
- Mathletes
- Productions
- Cheer
- Vocal Ensemble

Stay Connected!

WEBSITE



fssprops2.0

FOLLOW US

#FalconPride

Thank you for joining us!

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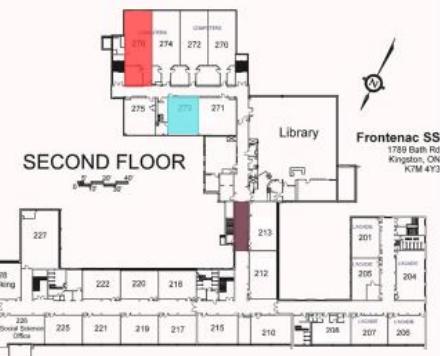
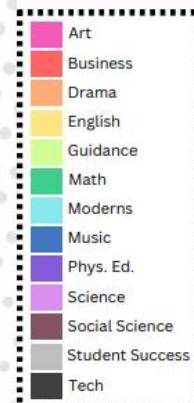
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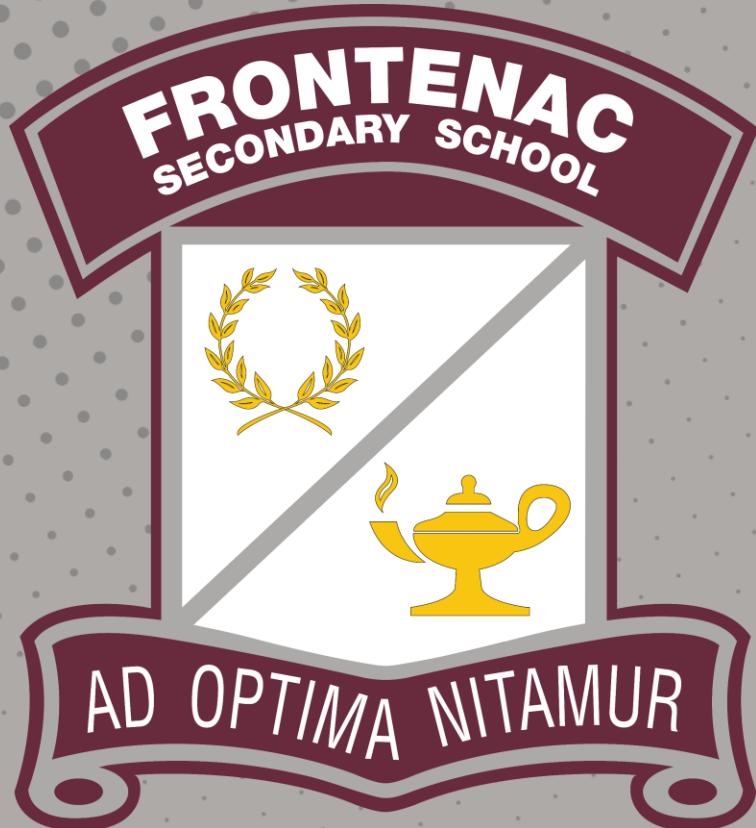
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OPEN HOUSE LOCATIONS





Striving To Be Our Best