

Thriving at FSS



Gr. 9 Orientation - Parent Session - 2026-27
WELCOME!

Agenda:

1. Our Grade 9 Team
2. Our school
3. Supporting your Falcon
4. Connect with us
5. Questions?



Who is on the **Grade 9 support team?**

Jennifer Grasse

Principal



Marie Dempster

Guidance
Counsellor



**Bonney
Morris-Pocock**

Vice Principal



Cindi Scott

Adolescent Care
Worker (ACW)



+

**Classroom Teachers
and the amazing
FSS Support Staff
(EAs, clerical, etc.)**

Sarah Depew

Lead Student
Success Teacher



Kelly Gregory

Learning Program
Support (IEPs)



Admin Team: Jennifer Grasse (principal) and Bonney Morris-Pocock (vice-principal)



What

- Help students solve problems
- Liaise between staff, students, and parents
- Care about your child's success!

Where

Main Office

How

Drop by their offices, send an email, call the school, chat in the hallway!

Guidance: Marie Dempster



What

- Supports with course planning and pathway options
- Schedules courses
- Connect to programs & opportunities

Where

Student Services

How

Book an appointment or drop by for a chat

Student Success: Sarah Depew



What

- Targeted academic support
- Rescue/recover credits
- Advocate for students
- Literacy Support
- Provide safe harbour for all - lunchtime too!

Where

Room 229, “The Falcon’s Nest”

How

Drop by, email, have a hallway chat - everyone is always welcome!

Learning Program Support (IEPs): Kelly Gregory



What

- Monitor, support, implement Individual Education Plans
- Numeracy support
- Provide safe harbour for all - lunchtime too!

Where

P. 2 Falcon's Nest
P. 3 & 4 Library

How

Send an email, drop by for a visit any time!

Adolescent Care Worker: Cindi Scott



What

- Provide student mental health support (social, emotional, stress, anxiety, etc.)
- Food Sharing support

Where

Across from the main office

How

Drop by, book an appointment through QR code, send an email

Additional in school supports

**Josh
Hulley-Carroll**

- LDSB Social Worker
- Regular mental health support/therapy by appointment
- Monday, Wednesday and Friday
- Students or families may self-refer

Dave Breen

- Kairos counselling
- Supports youth who are experiencing any level of substance use/misuse personally or with a family member
- Thursdays at FSS

How?

- FSS Website or scan QR codes throughout the building or ask at student services or main office.

Our School- The FSS Daily Schedule:



8:13 a.m.

Warning Bell

8:15 to 8:20 a.m.

Daily Announcements

8:20 to 9:35 a.m.

Period 1

9:35 to 9:40 a.m.

Travel Time

9:40 to 10:55 a.m.

Period 2

10:55 to 11:55 a.m.

Lunch

11:55 a.m. to 1:10 p.m.

Period 3

1:10 to 1:15 p.m.

Travel Time

1:15 to 2:30 p.m.

Period 4

Extra-curricular Opportunities

- Encourage your Falcon to get involved!
- Announcements posted on the website & Instagram daily.



**How can
you
support
your
Falcon?**



FSS Supporting Students' Success:

Attendance

We want your student in class, every day, on time. As a school, we encourage our students to remember: **the learning happens here.**

If your student is going to be absent or late, use the SafeArrival App, or call our Attendance Office.

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Parent Engagement

Talk to your student about what is happening at school: upcoming assignments, extra-curricular experiences, peer interaction. Join online classrooms, read the Newsletter, connect with teachers, attend school events.

Communicate

Let us know when things occur that may impact your student: changes in health, extended absences, anything out of the ordinary. Reach out to our staff anytime.

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Encourage

Speak positively about school. Help your student with skills like ORGANIZATION and TIME MANAGEMENT. Help your student manage their screen time, support healthy bedtime structures and nutrition. Strive for BALANCE.

Assessments

High school is a little different than elementary school. Students are working toward graduating in 2030, and must **earn 30 credits** (i.e. pass 30 classes) as a **requirement to graduate**.

Tips to OPTIMIZE SUCCESS in your classes:

- **Attendance and participation** are the best predictors of success on **summative assessments**
- Follow timelines, stay organized.
- Listen to feedback from your teachers! They are here to help you, and know what needs to be done.
- Communicate with teachers about absences, and get caught up on missed work promptly. **Do your very best to be present on test/assessment days**
- Limit distractions/time out of class.
- Early Reports will be shared in October, Midterm reports in November, and final Report cards in February. January Exam schedule will be shared in November, 2026 (usually around midterm reports).

3 Key Messages...

- Embrace challenges as opportunities to learn and grow.
- Find opportunities to serve and contribute to your community.
- Choose kindness.



Some (more urgent) Important Start-up logistics

- **Medical Plans of Care - Mrs. Morris-Pocock**
- **Safe Arrival - Reporting Student Absences**
 - See Kerri Merriam for support in the Main Office
- **Transportation Questions**
 - See Sharon Roy in Guidance or Mrs. M-P

Stay Informed



EST. 1957

**Student
Services
Google
Classroom**

Class Code:
k3v6mh5i



Website

<https://frontenacss.limestone.on.ca/>

Instagram

@fssprops2.0

**School
Council**

First meeting will be
announced in our newsletter
(posted online every other
Friday)

Questions?

